

# Bulletin 3



**JWOC**

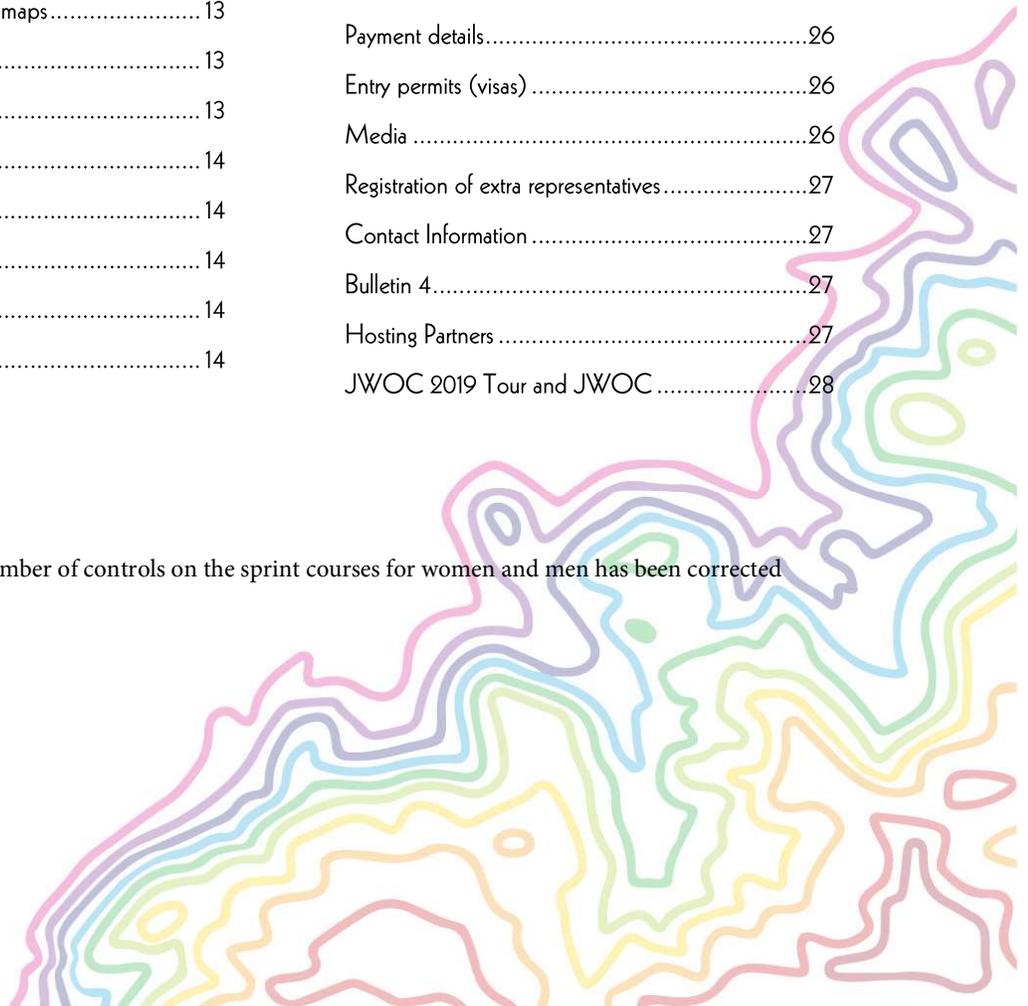
Junior World  
Orienteering  
Championships  
**2019 Denmark**

## Contents:

Welcome to JWOC 2019.....	2	Training opportunities.....	15
Welcome from Orienteering Club Pan and Silkeborg Orienteering Club .....	4	Additional training: .....	16
Organisation .....	4	Transport.....	17
Event Centre.....	5	Provisional transport plan: .....	18
Directions to the Event Centre .....	5	Types and cost of official accommodation and food .....	20
Accreditation .....	6	Food: .....	22
Anti-doping .....	7	General information about booking accommodation and meals: .....	22
Climate .....	7	Special food requests: .....	22
Time-taking and punching system.....	7	Maximum numbers per team .....	23
Detailed programme .....	8	Latest date for sending the exact number of participants .....	23
Competition Rules .....	10	Latest date for sending the names of participants ...	23
Competition courses .....	11	Official entry.....	23
Terrain information .....	12	Entry fees for competitors and team officials .....	24
Hazards:.....	12	Payments .....	25
Map scales and contour intervals .....	13	Payment details.....	26
Embargoed areas and recent maps.....	13	Entry permits (visas) .....	26
Finish areas.....	13	Media .....	26
First Aid .....	13	Registration of extra representatives.....	27
Arena production .....	14	Contact Information .....	27
Competition clothing.....	14	Bulletin 4.....	27
Team Officials Meetings.....	14	Hosting Partners .....	27
Rest Day activities .....	14	JWOC 2019 Tour and JWOC .....	28
Code of Ethics .....	14		

## Correction:

10-04-2019 Page 11: The number of controls on the sprint courses for women and men has been corrected



## **Welcome to JWOC 2019**

Dear guests,

It is a great pleasure for Aarhus to be able to bid you welcome to the Junior World Orienteering Championships this year 2019. In Aarhus, we love sport and the effect it has on the daily life of our citizens.

In that spirit, we have already hosted a considerable number of large and influential sporting events. In 2006, we welcomed the World Orienteering Championships to our city. Over the last decade Aarhus has staged the Youth Sailing World Championship, the UEFA under-21 European Championship, Men's and Women's European Handball Championships, and the SportAccord Convention – the largest sports convention in the world. Last year we were very proud to host the Hempel Sailing World Championships 2018, one of the largest sporting events ever to be held in Denmark.

So we consider ourselves experienced, capable and ready for the Junior World Orienteering Championships, and we cannot wait to welcome athletes, spectators and officials alike to our city. We have the skill and expertise it takes to host a major event like this, and we hope that every guest will enjoy their stay in our city.

We warmly recommend everyone to visit Aarhus during the Championships. Our status as the European Capital of Culture in 2017 has heightened the culture, cuisine, hospitality and touristic experiences available to visitors. With forests and the sea as neighbours and heathland just a bicycle ride away, Aarhus is an accommodating place for the sporting and/or outdoor person.

Aarhus is known as the city of smiles. In Denmark, we say that a smile is the shortest distance between two people. In fact, no part of Aarhus is far away. The many things to experience in the city can be reached in only a few minutes by the new light rail system or one of the many free city bikes.

I wish you all good luck, happy orienteering and a very warm welcome to our city.

### **Jacob Bundsgaard**

Mayor of the City of Aarhus



Dear guest,

It's an honour for Silkeborg to be hosting the Junior World Orienteering Championships in 2019, and I'd like to thank the international Orienteering Federation for choosing us.

Silkeborg is also known as Denmark's Outdoor Capital. Our town is situated in the centre of the Danish Lake District and has the perfect landscape for these championships. Everywhere you go you find forests, lakes, rivers and hills: a perfect place for orienteering.

We expect that about 400 athletes from 40 countries will participate in the Junior World Orienteering Championships 2019 in Silkeborg and our beautiful surroundings. We expect more than 1,000 spectators, and we will be ready to assure them that the championships will run smoothly, and everybody will enjoy 6 fantastic days, both when it comes to competition and to relaxation. We expect too that they will take long-lasting memories back home.

Arranging an international championship of this size is a big responsibility. We believe we have the experience needed to host a professional, high class championship like this. Silkeborg often organises big sports events and is known to succeed, both when it comes to planning and running competitions, and when it comes to other activities. I know the organisers here have planned some interesting social and cultural experiences for the participants.

We expect to welcome more than 1,500 athletes and spectators during the championships. You can expect hospitality from all of us. So, go and explore our culture, enjoy our nature, take a stroll through our streets, go shopping and relax afterwards with some fresh local cuisine and perhaps an excellent beer, brewed right around the corner.

I look forward to seeing you in Silkeborg and to watching some excellent performances from talented runners from all over the world.

**Steen Vindum**

Mayor of Silkeborg Municipality



## **Welcome from Orienteering Club Pan and Silkeborg Orienteering Club**

The two clubs wish you all welcome to JWOC 2019, and we hope that we can contribute to everyone enjoying unforgettable experiences during the event. Together the clubs have more than 750 members, among them many experienced organisers and national team runners.

With the aid of huge goodwill from the region's forestry authorities and private forest owners, we have the opportunity to show you some of the Danish Lake District's finest forest terrain.

We hope that you will enjoy the delightful forests you will be running in, and that you will get the opportunity to forge many new friendships.

Lone Secher Andersen, Chairperson OK Pan  
Christian Biering, Chairperson Silkeborg OK

### **Organisation**

Steering Committee

Dorthe Hansen, Silkeborg OK

Mogens Hagner, Silkeborg OK

Kell Sønnichsen, OK Pan

Bjarne Knudsen, OK Pan

Morten Pedersen, OK Pan

IOF Senior Event Advisor

Hannu Pyy, Finland

National Controller

Keld Gade, Viborg OK

Contact info

Website: [www.jwoc2019.dk](http://www.jwoc2019.dk)

Email: [info@jwoc2019.dk](mailto:info@jwoc2019.dk)

Event Director: Dorthe Hansen, tel. +45 3066 4285

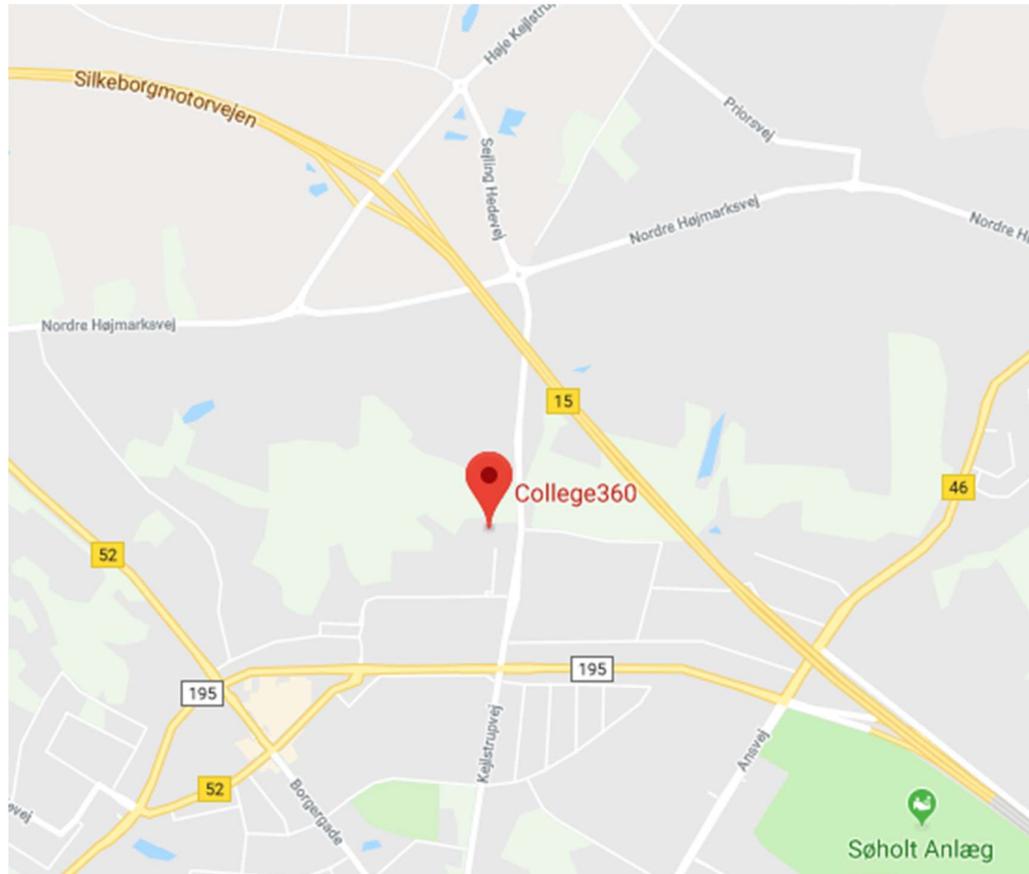
Technical Event Director: Kell Sønnichsen, tel. +45 21656687

## Event Centre

The Event Centre will be at Silkeborg Technical College (College360).

Address: Kejlstrupvej 87, 8600 Silkeborg, Denmark.

GPS coordinates: 56.190587, 9.554599



## Directions to the Event Centre

By car

From motorway 15 it is about 1.5 km to the Event Centre.

By train

There are trains to Silkeborg station from Herning and from Aarhus via Skanderborg.

From the station:

- Town bus 12 to Kejlstrupvej. One departure per hour - none at weekends. Journey time about 11 min.
- Town bus 8 to Kejlstrupvej. One or two departures per hour. Journey time about 20 min.

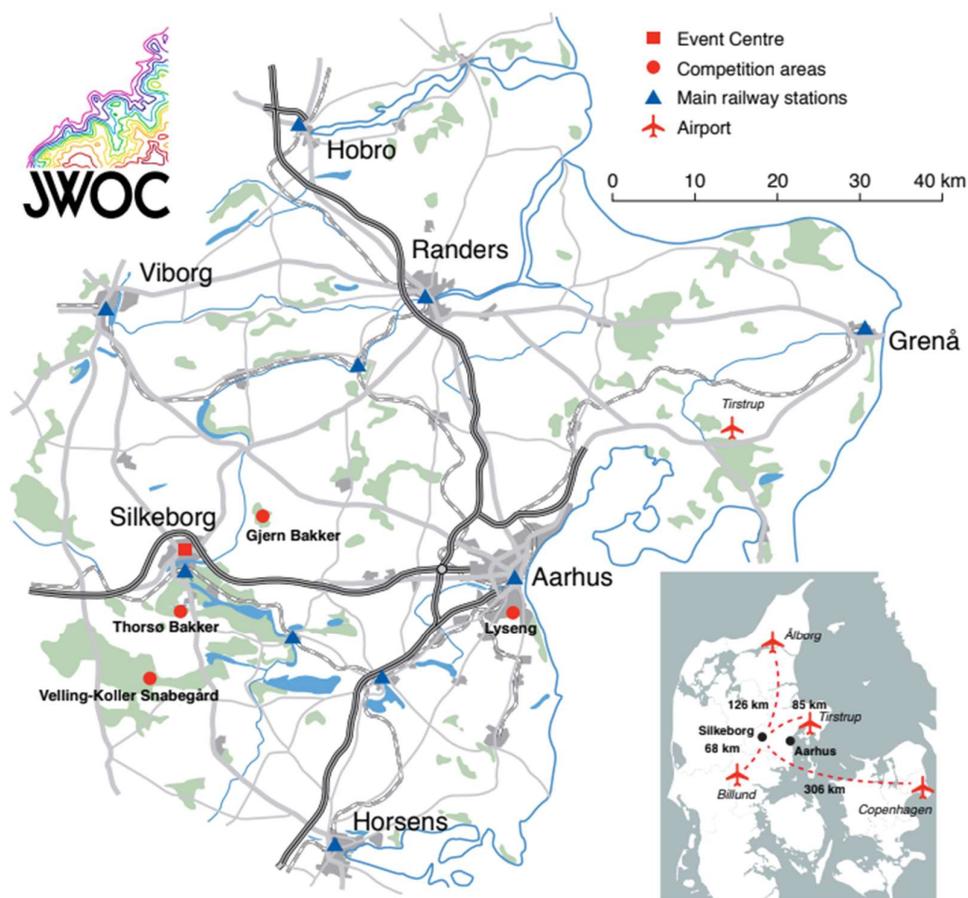
Price 22 kr, ca. 3 Euro (included in train ticket).

By air

From Billund airport it is about 70 km to the Event Centre. There is an airport bus from Billund airport to Skanderborg station about every hour. There are no direct services from Billund airport to Silkeborg.

From Tirstrup (Aarhus) airport it is about 85 km. Here the airport bus can be used to Aarhus station and the train from here to Silkeborg.

Vehicle rental is available at both airports from well-known car rental firms.



## Accreditation

All registered participants must check in for accreditation at the JWOC Event Centre before 11.00 on Saturday 6 July. **Each registered team member and team leader must be present and show her/his personal passport before she/he can be accredited.**

A personal JWOC ID card with photo will be handed out at accreditation. All accredited persons must wear it at all relevant times, and present it for access to all means of transport and authorised zones. The online entry form asks that all persons to be accredited provide a personal portrait photo in Eventor for use on the ID card.

## **Anti-doping**

Doping is strictly forbidden and the organisers of JWOC 2019 are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Code and rules and the World Anti-Doping Code 2015 apply as of 1st January 2015.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area - the JWOC ID card is acceptable.

The athlete should also bring along their Therapeutic Use Exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

For more information, please consult: <https://orienteering.org/wp-content/uploads/2010/12/IOF-AD-Rules-2015.pdf>

## **Climate**

Denmark has a temperate, Atlantic climate.

At the time of the event the weather is normally warm and pleasant, with temperatures around 16-20°C.

The highest temperature at this time of year is around 28°C and the lowest 6°C.

Rain and showers, some heavy, can occur at this time of the year.

## **Time-taking and punching system**

The SPORTident AIR+ system will be used for both time-taking and race control. Every participant will be issued with a SPORTident Active Card (SIAC) at the first Team Officials Meeting. This must be kept throughout the event and returned after the Relay on the final day.



**JWOC**  
Junior World  
Orienteering  
Championships  
**2019 Denmark**

## Detailed programme

	Time	Activity	Location	
<b>3 July</b>	10.00 - 21.00	Event Office open - accreditation possible	Teknisk Skole/ College360	
		Pre-JWOC training camp	Silkeborg Sønderskov	
<b>4 July</b>	8.00 - 21.00	Event Office open - accreditation possible	Teknisk Skole/ College360	
		Pre-JWOC training camp	Aarhus - Sprint Silkeborg Vesterskov	
<b>5 July</b>	8.00 - 21.00	Event Office open - accreditation possible	Teknisk Skole/ College360	
		Pre-JWOC training camp	Silkeborg Nordskov	
<b>6 July</b>	8.00 - 13.00 17.00 - 21.00	Event Office open	Teknisk Skole College360	
	9.00 - 11.00	Model event - Long distance and Relay	Himmelbjerget	
	11.00	Deadline for accreditation	Teknisk Skole/ College360	
	12.00	Deadline for names and start groups for Sprint to be in Eventor	Eventor	
	12.30 - 13.30	Opening Ceremony	Silkeborg Town Centre	
	14.00 - 16.30	Model event Sprint	Silkeborg	
	17.00 - 18.30	Technical model event	Teknisk Skole/ College360	
	19.00 - 20.00	Team Officials Meeting - Sprint and general matters	Teknisk Skole/ College360	
	<b>7 July</b>	7.00 - 10.00 17.00 - 21.00	Event Office open	Teknisk Skole/ College360
		9.00 - 17.00	Event Office open	Lyseng
10.00 - 13.30		Sprint	Lyseng	
12.00		Deadline for names and start groups for Long distance to be in Eventor	Eventor	

	Time	Activity	Location
	13.45	Prize-giving	Lyseng
	19.00 - 19.30	Team Officials Meeting - Long distance	Teknisk Skole/ College360
<b>8 July</b>	6.30 - 10.00 17.00 - 21.00	Event Office open	Teknisk Skole/ College360
	8.30 - 18.30	Event Office open	Velling - Snabegaard
	9.00 - 16.00	Long distance	Velling - Snabegaard
	16.30	Prize-giving	Velling - Snabegaard
<b>9 July</b>	8.00 - 13.00 17.00 - 21.00	Event Office open	Teknisk Skole/ College360
	9.30 - 12.00	Model Event Middle distance	Gjern Bakker
	12.00	Deadline for names and start groups for Middle distance to be in Eventor	Eventor
	14.30 - 17.00	Social activities	Teknisk Skole/ College360
	19.00 - 19.30	Team Officials Meeting - Middle distance qualification and final	Teknisk Skole/ College360
<b>10 July</b>	7.30 - 10.00 17.00 - 21.00	Event Office open	Teknisk Skole/ College360
	9.30 - 17.30	Event Office open	Gjern Bakker
	10.00 - 13.30	Middle qualification	Gjern Bakker
<b>11 July</b>	6.30 - 10.00 17.00 - 21.00	Event Office open	Teknisk Skole/ College360
	8.00 - 18.30	Event Office open	Gjern Bakker
	9.00 -13.30	Middle final	Gjern Bakker
	12.00	Deadline for names in teams and on legs for the Relay to be in Eventor	Eventor
	13.45	Prize-giving	Gjern Bakker
	19.00 - 19.45	Team Officials Meeting Relay, banquet and closure	Teknisk Skole/ College360

	Time	Activity	Location
<b>12 July</b>	7.00 - 9.30 16.00 - 20.00	Event Office open	Teknisk Skole/ College360
	8.30 - 17.30	Event Office open	Thorsø Bakker
	10.00 - 13.00	Relay	Thorsø Bakker
	13.30	Prize-giving and Closing Ceremony	Thorsø Bakker
	Immediately after Closing Ceremony	Team Officials and VIP race	Thorsø Bakker
	ca 20.00 - 01.00	Banquet	Silkeborg
<b>13 July</b>	8.00 - 10.00	Event Office open	Teknisk Skole/ College360
	10.00	Deadline for departure from accommodation	Teknisk Skole/ College360



## Competition Rules

The Competition Rules for International Orienteering Federation (IOF) Foot Orienteering events, valid from 1 February 2019, will apply. See

<https://orienteering.org/wp-content/uploads/2019/01/IOF-Rules-2019.pdf>

Permitted deviations from the rules

A 1-minute start interval will be used in the Middle distance B- and C-finals.

## Competition courses

	Class	Winning Time	Length	Climb	Controls	Refreshment
<b>Sprint</b>	Women	13 min	2900 m	35 m	18	
	Men	13 min	3300 m	40 m	24	
<b>Long</b>	Women	56 min	6780 m	410 m	18	2
	Men	69 min	9920 m	620 m	24	2
<b>Middle</b> Qualification	Women	25 min	3200 – 3300 m	170 – 205 m	10 – 12	
	Men	25 min	4000 – 4110 m	250 m	14 – 16	
<b>Middle</b> Final	Women A	25 min	4400 m	215 m	15	
	Women B	25 min	4300 m	195 m	13	
	Women C	25 min	4100 m	195 m	13	
	Men A	25 min	4900 m	260 m	17	
	Men B	25 min	4200 m	215 m	12	
	Men C	25 min	4300 m	270 m	13	
<b>Relay</b>	Women 1	35 min	4690 – 4720 m	155 – 190 m	21	1
	Women 2	35 min	4710 – 4740 m	155 – 190 m	21	1
	Women 3	35 min	4840 – 4860 m	165 – 185 m	21	1
	Men 1	35 min	5600 – 5640 m	210 – 245 m	22 – 23	1
	Men 2	35 min	5620 – 5660 m	210 – 245 m	22 – 23	1
	Men 3	35 min	5720 – 5750 m	220 – 240 m	22 – 23	1

## Terrain information

Middle, Long and Relay:

Terrain areas are located 40-120 m above sea level. Hilly terrain with a lot of contour detail.

The vegetation is mixed forest together with some open areas and areas with scattered trees. A few areas of closely-planted conifer.

Generally good runnability. Some forest areas have variable amounts of brashings and light undergrowth. There are a few small areas with bracken cover. Open areas are mainly covered in grass and heather. The forests are mainly dry underfoot, but there are some ditches, streams and marshy areas.

Developed network of paths and forest roads.

Sprint:

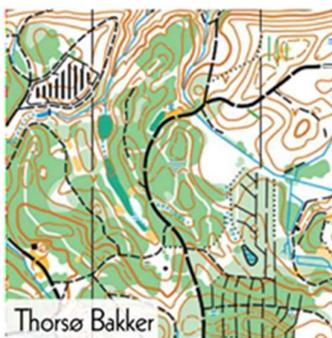
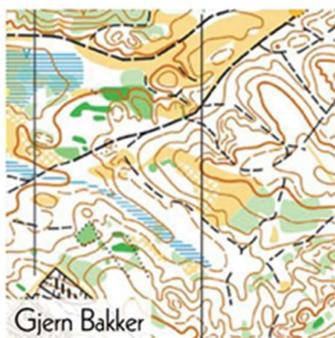
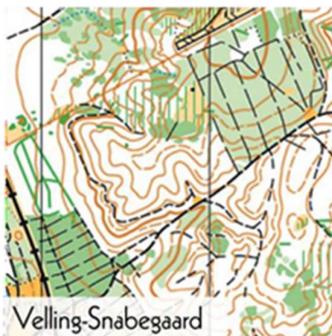
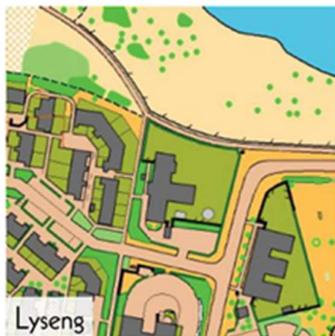
Terrain area is located 40-60 m above sea level.

Open grass areas with scattered vegetation, built-up areas, areas of open and more closely-planted deciduous forest.

Dry and mainly level underfoot, therefore good runnability.

The visibility is generally good.

Developed network of paths and roads in the whole area, including surfaced roads, gravel tracks and small paths.



## Hazards:

Adders can be encountered, especially in open areas. Ticks are found extensively in Danish forests and athletes should check for ticks after every run in the forest.

## Map scales and contour intervals

	Map	Scale	Contour Interval
<b>Sprint</b>	Lyseng	1:4,000	2.5 m
<b>Long</b>	Velling-Snabegaard	1:15,000	5 m
<b>Middle</b> Qualification	Gjern Bakker	1:10,000	5 m
<b>Middle</b> Final	Gjern Bakker	1:10,000	5 m
<b>Relay</b>	Thorsø Bakker	1:10,000	5 m

For the forest races, maps are drawn in line with the current version of the International Specification for Orienteering Maps (ISOM 2017, with the corrections approved November 2018).

For the sprint races, maps are drawn in line with the current version of the International Specification for Sprint Orienteering Maps (ISSOM 2007).

## Embargoed areas and recent maps

A map overview and detailed maps of the areas can be found on the JWOC 2019 website, [www.jvoc2019.dk](http://www.jvoc2019.dk), under JWOC -> Terrain.

## Finish areas

The arenas are located at the following coordinates:

Sprint: N56° 06.443' E010° 11.877'

Long distance: N56° 02.280' E009° 30.838'

Middle distance: N56° 13.519' E009° 41.982'

Relay: N56° 06.807' E009° 31.660'

## First Aid

First-aid services will be provided in the arenas.

At Teknisk Skole, the Event Office will help with contacting the appropriate service.

Each federation is responsible for its own insurance (see Rule 6.4).

## **Arena production**

There will be TV coverage which will be shown on a big screen in the arenas. This means that there will be cameras in the terrain, and many athletes will run with GPS.

## **Competition clothing**

There are no special regulations applying to athletes concerning the type of clothing they choose to wear.

It is forbidden to use shoes with spikes in the Sprint competition and in Sprint training areas

## **Team Officials Meetings**

For each competition, a Team Officials Meeting will be held before the competition day, providing all important information about the competitions. There will be just one meeting for Middle distance, covering both qualification and the final.

All Team Officials Meetings will be held in the Event Centre in the Teknisk Skole. If you have questions for the meetings, please send them to [info@jwoc2019.dk](mailto:info@jwoc2019.dk) before 16:00 on the respective day, and we will answer them during the meeting.

## **Rest Day activities**

In connection with the Rest Day - Tuesday 9 July - social activities in the form of games, sport and challenges will be arranged at the Event Centre at the Teknisk Skole.

## **Code of Ethics**

'Team presentation' and 'Top 10 list' policy

Both in social media and in displays in accommodation sites there has, over time, developed a tradition to create so called 'top-10 lists'. Here, athletes from different teams appear to have been ranked according to physical appearance. In the same media, 'team presentation' pictures and videos that may appear to be sexually expressive have been published.

Such activity is incompatible with the IOF Code of Ethics and the IOF Policy on Preventing Sexual Harassment and Abuse, and any such activities may lead to sanctions towards individuals or the federations they represent, should these individuals be found responsible for the activities.

The acceptable level as to when a picture or a video may be seen as sexually expressive is unlikely to be the same for different individuals. A guiding principle will be to look at what clothing the athletes would use in e.g. a sprint competition. Any less clothing than this should not be expected to be

considered acceptable. This both relates to posts in a JWOC-related social media or web page and in physical prints in the JWOC accommodation sites.

Team officials of all teams entered for JWOC 2019 are requested to discuss these principles with all athletes that will be entered for the JWOC 2019 competitions. This issue will also be addressed as an item on the agenda of the first Team Officials Meeting in connection with JWOC. Any questions or comments regarding this topic can be put to the JWOC 2019 Social Officer: Vibeke Vogelius, +45 24255506, [info@jwoc2019.dk](mailto:info@jwoc2019.dk) or Steering Group member Morten Pedersen, +45 29208944, [info@jwoc2019.dk](mailto:info@jwoc2019.dk)

For reference, the IOF Code of Ethics and Policy on Preventing Sexual Harassment and Abuse can be found on the IOF website.

## **Training opportunities**

From 13th to 17th April there will be course suggestions coupled with kites or tapes set out in forest and sprint terrain. See the JWOC website for additional information.

The official pre-JWOC training camp will be organised from Wednesday 3rd July 2019.

For this it will be possible to stay at the Technical College in the booked accommodation. There will be separate charges for accommodation and food.

Provisional programme:

Wednesday 3 July	Silkeborg Sønderskov, forest distance
Thursday 4 July	Aarhus, sprint
	Silkeborg Vesterskov, forest distance
Friday 5 July	Silkeborg Nordskov, forest distance

It will also be possible to train on a new map, Kejlstrup, direct from the Technical College. No courses will be set out, but the permanent course in the Gødvad area east of Kejlstrup can be used.

Fees

6 EUR / person / training session.

Prices include:

Map with courses, printed on tear-resistant and waterproof paper  
Control points marked with flags (no Sport Ident or timing)

Transport during pre-JWOC Training Camp 3/7-5/7:

Teams can use own transport during the Training Camp.

On Thursday 4 July teams can join the official JWOC transport to the training areas. Transport on Thursday 4 July in connection with the JWOC Training Camp costs 15 Euro.

Transport to training areas on Wednesday 3/7 and Friday 5/7 is possible using public transport and costs 22 Dkr. (ca. 3 EUR) each way.

The invitation and detailed information will be published on the JWOC 2019 website,

<https://www.jwoc2019.dk>, under JWOC -> Training Possibilities.

### **Additional training:**

Nations wanting to organise additional training in the area should contact the event organisation.

Please see contact information on the JWOC 2019 website, [www.jwoc2019.dk](http://www.jwoc2019.dk), under JWOC -> Training Possibilities.

Selected races are shown in the table below. More information can be found on the website for the Danish Orienteering Federation, <https://do-f.dk/dansk-orienterings-forbund/staevnekalender>

	Competition	Organiser	Venue
<b>14 April</b>	League match and standard event, Long distance	Horsens OK	Sukkertoppen
<b>25 May</b>	DM sprint (Danish Championships, Sprint)	OK Gorm	Grindsted
<b>26 May</b>	DM sprintstafet (Danish Championships, Sprint Relay)	OK Gorm	Grindsted
<b>2 June</b>	JFM sprint (Regional Sprint championships)	Horsens OK	Horsens
<b>8 - 10 June</b>	Test race EYOC/JWOC (Danish Test Races for EYOC & JWOC, Sprint, Middle and Long)	OK Pan / Silkeborg OK	Marienlystparken, Aarhus / Himmelbjerget

Existing map: see relevant website for each event.

## Transport

Transport during JWOC

Teams' own transport can be used throughout, except for journeys to quarantine and pre-start areas at Sprint, Long and Middle Distance. For the Relay, teams can use their own transport to the quarantine area. Transport from the Event Centre to quarantine areas for Sprint, Long and Middle Distance is included in the accreditation fee.

Transport can be booked for all other journeys on payment of a fee.

Fee for transport, 50 EUR/ person, includes:

- Transport to and from the Opening Ceremony
- Transport to and from model events
- Transport to Relay arena
- Transport back to the Event Centre from 5 races

Transport must be booked on IOF Eventor: <https://eventor.orienteering.org/Events/Show/5523>



## Provisional transport plan:

	Programme	From	To	Departure	Arrival	Fee
<b>Thu 4/7</b>	Training	Event Centre	Aarhus	9.00	9.50	15 EUR
	Camp - Sprint training	Aarhus	EC	11.30	12.20	
	Training	Event Centre	Silkeborg	14.00	14.20	
	Camp - Forest training	Silkeborg	EC	16.00	16.20	
<b>Sat 6/7</b>	Model Event	Event Centre	Model Event	8.45	9.10	Part of transport fee (50 EUR)
	Long + Relay		Long + Relay			
		Model Event Long + Relay	Event Centre	10.30	10.55	
	Opening Ceremony	Event centre	Silkeborg City	12.00	12.15	
	Model event Sprint	Silkeborg City	Model Event Sprint (Silkeborg)	13.45	14.00	
		Model Event Sprint (Silkeborg)	Event Centre	15.15	15.30	
<b>Sun 7/7</b>	Sprint	Event centre	Lyseng	8.00 (first departure)	8.50	Part of accreditation
		Lyseng	Event Centre	14.00 (first departure)	14.50	Part of transport fee
<b>Mon 8/7</b>	Long Distance	Event Centre	Velling Snabegård	7.15 (first departure)	7.50	Part of accreditation
		Velling-Snabegård	Event centre	17.00(first departure)	17.35	Part of transport fee

	Programme	From	To	Departure	Arrival	Fee
<b>Tue</b> <b>9/7</b>	Model Event Middle	Event centre	Model event Middle (Gjern)	9.00 (first departure)	9.25	Part of transport fee
		Model event Middle (Gjern)	Event Centre	10.30 (first departure)	10.25	Part of transport fee
<b>Wed</b> <b>10/7</b>	Middle Distance - Qualification	Event centre	Gjern	8.15 (first departure)	8.40	Part of accreditation
		Gjern	Event Centre	12.30 (first departure)	12.55	Part of transport fee
<b>Thu</b> <b>11/7</b>	Middle Distance - Final	Event Centre	Gjern	7.30 (first departure)	7.55	Part of accreditation
		Gjern	Event centre	14.15 (first departure)	14.40	Part of transport fee
<b>Fri</b> <b>12/7</b>	Relay	Event centre	Thorsø	8.00 (first departure)	8.30	Part of transport fee
		Thorsø	Event centre	14.15 (first departure)	14.45	Part of transport fee

Where necessary there will be regular transport from Pre-start to the Finish area.  
Further details about transport will be given in Bulletin 4.

## Types and cost of official accommodation and food

Type	Name	Rooms	Own shower and toilet	Bed, duvet, pillow, bed linen and towel	Board	Price/person 6/7 - 13/7*	Extra night **
A1	Hotel Scandic	Single room	Yes	Yes	Breakfast only	686 EUR	98 EUR
A2	Hotel Scandic	Double room	Yes	Yes	Breakfast only	399 EUR	57 EUR
A3	Hotel Scandic	4 beds / 3 people ***	Yes	Yes	Breakfast only	329 EUR	47 EUR
A4	Hotel Scandic	4 beds / 4 people ***	Yes	Yes	Breakfast only	245 EUR	35 EUR
A5	Purchase of lunch and evening meal at the Event Centre for A1-A4 accommodation					140 EUR	20 EUR /per day
B	Student room	Double	4 persons per shower and toilet	yes	Full board****	426 EUR	61 EUR
C	Class room	Max. 10 in a room	Sharing shower and toilet	Yes	Full board****	287 EUR	41 EUR
D	Class room	Max. 10 in a room	Sharing shower and toilet	No - only mattress	Full board****	224 EUR	35 EUR

\* 7 nights, starts with lunch on 6th July and ends with breakfast on 13th July.

\*\* Possible from Wednesday 3rd July. Prices are per night/person.

\*\*\* 2 beds are only 1.8 m long.

\*\*\*\* Full board consists of breakfast, lunch and evening meal.

Clothing can be washed and dried for a small charge.

Type A1 - A4:

Accommodation choices A1 - A4 are at Hotel Scandic Silkeborg, Udgårdsvej 2, 8600 Silkeborg (<http://www.scandichotels.dk/hoteller/danmark/silkeborg>). Hotel Scandic is 4.2 km from the Event Centre. All rooms are with own shower and toilet.

Accommodation A1 - A4 includes only breakfast. It is possible to buy lunch and an evening meal at the Event Centre (A5). It is also possible to buy lunch and dinner directly at Hotel Scandic - teams are themselves responsible for purchasing these direct from Hotel Scandic.

Note: There is no official transport between accommodation A1 - A4 and the Event Centre.

Type B, C, D:

Accommodation choices B, C and D are in the Technical College/College360 and Dania Erhvervs Akademi (Dania Academy). All the accommodation is situated less than 500 m from the dining hall. At accommodation B, C and D most participants and team officials will be able to stay on the same site.

The JWOC Event Centre will be at the Technical College/ College360, and Team Officials Meetings will take place there. It will also be the location for the social activities.

Accommodation B is double rooms in the student hostel. Two rooms share toilet and bathroom.

There are 200 beds in rooms in the student hostel.

Accommodation C is in classrooms with bed, duvets, pillow, bed linen and towel. Max. 10 people per room. Separate rooms for males and females. Common toilets and bathrooms.

Accommodation D is in classrooms including mattress but excluding duvets, pillow, bed linen and towel. Users must bring their own linen, pillows, duvet/sleeping bag and towel. Max. 10 persons/room. Separate rooms for males and females. Common toilets and bathrooms.



## **Food:**

Breakfast:

Breakfast is included in all accommodation choices. Breakfast consists of a buffet with a variety of cereals, bread, cold meat and cheese etc. and various drinks.

Breakfast times:

- Competition days: 6.45 - 9.00 (but from 5.45 on Monday 8/7 - Long distance, and from 6.15 on Thursday 11/7 - Middle final)
- Non-competition days: 7.30 - 9.00

Lunch:

Lunch is included for accommodation choices B, C and D + and can be purchased along with accommodation choice A.

For accommodation choice A - Scandic Hotel: It is also possible to purchase sandwiches at Scandic. Prices from ca. 6 Euro. Price example: triangle sandwich or pasta salad ca. 6 Euro.

Evening meal:

Evening meal is included for accommodation choices B, C and D and can be purchased for accommodation choice A.

The evening meal consists of a buffet with different ingredients including a meat dish, pasta, rice, potatoes and salad/vegetables.

The evening meal is served at the Teknisk Skole/Event Centre between 17.30 and 19.45. Teams eat together.

For accommodation choice A - Scandic Hotel: it is also possible to purchase an evening meal at Scandic. Prices from ca. 24 Euro. Price example: Light Buffet incl. soup, hot main course, salad/vegetables and bread, along with water and juice, ca. 24 Euro.

## **General information about booking accommodation and meals:**

Accommodation in A, B, C and D should be booked no later than 7th May 2019. Payment is due no later than 21st May 2019.

Booking of accommodation A, B, C and D can be made through IOF Eventor:

<https://eventor.orienteering.org/Events/Show/5523>

## **Special food requests:**

Special food requests (vegetarians, allergies, etc.) must be sent in at the latest by 12th June by using this form: <https://goo.gl/forms/Dsmx3hIM3xhdF8ef1>

For information about other accommodation – hotels, youth hostel and camping huts – please visit [www.visitSilkeborg.dk](http://www.visitSilkeborg.dk).

## **Maximum numbers per team**

Each nation can enter a maximum of 6 women and 6 men, together with no more than 4 officials/coaches – maximum total 16.

## **Latest date for sending the exact number of participants**

All Entries must be made through IOF Eventor at

<https://eventor.orienteering.org/Events/Show/5523>

Preliminary entries (team size entries) can be submitted from 7 April 2019.

Deadline for preliminary entries (team size entries):  
7 May 2019.

All nations are asked to provide the name and email address of a person who can function as the contact person between the JWOC organisers and the national team.

## **Latest date for sending the names of participants**

Entries must be made through IOF Eventor at <https://eventor.orienteering.org/Events/Show/5523>

Final entries (team names entries) can be submitted from 7 May 2019.

Deadline for final entries (team names entries)

Names of competitors and team officials must be entered in IOF Eventor no later than 26 June 2019.

Deadline for Special requirements regarding food

Deadline for giving details of any special requirements regarding food must be submitted by 12th June

by filling in this form: <https://goo.gl/forms/Dsmx3hIM3xhdF8efl>.

## **Official entry**

All entries must be made through IOF Eventor. Every athlete and team leader needs to set up a profile with passport-style photo.

By the deadline for the preliminary entries, the following information must be submitted:

- total number of competitors for each class
- number of competitors in each competition

- number of relay teams
- number of team officials
- name of team manager, email address and mobile phone number
- date and time of arrival and departure
- accommodation requirements
- transportation requirements

## Entry fees for competitors and team officials

Accreditation Fee, applies to both athletes and officials/coaches, 75 EUR/person

Accreditation fees include:

- Maps for model events
- New maps for competitors and team officials after each race
- Participation in the banquet (not part of the official programme)
- Participation in the social activities
- Transport to quarantine areas, where obligatory (Sprint, Long Distance, Middle Qualification and Middle Final)

Entry fee

	<b>Fee</b>
<b>Sprint distance</b>	50 EUR
<b>Long distance</b>	50 EUR
<b>Middle distance,</b> Qualification and Final	80 EUR
<b>Relay</b>	42 EUR per person

Entries must be made through IOF Eventor: <https://eventor.orienteering.org/Events/Show/5523>

## Payments

All fees should be paid by bank transfer no later than 21 May 2019 to the JWOC 2019 bank account.

All additional fees regarding any changes shall be transferred by 6 July 2019 to the JWOC 2019 bank account.

Please note that the payer is responsible for all bank fees and charges, both in their own country and in Denmark.

Entries will not be deemed valid until full payment is received by the Organisers.

For additions to the size of the team, accommodation bookings or transport between 7 May and 26 June, there will be a surcharge of 20% of the cost.

For cancellation of participants, accommodation or transport between 7 May and 26 June, 80% of the amount paid will be refunded.

For additions to the size of the team, accommodation bookings or transport between 26 June and 6 July, there will be a surcharge of 50% of the cost.

For cancellation of participants, accommodation or transport between 26 June and 6 July, 50% of the amount paid will be refunded.

Name changes made in the period 26 June to 6 July will cost 10 EUR.

	7 April	7 May	21 May	26 June	6 July	15 July
Team Size Entry periods	Team Size	+20 % (80 % refund)		+50 % (50 % refund)	Event	
Team Name Entry periods		Team Names		+10 EUR		
Payment schedule		Payment				

Teams with any outstanding payments will be allowed to complete their accreditation **only** after having balanced their account!

## Payment details

Recipient:

Owner's name: JWOC2019 OK Pan

Owner's address: Orneredevej 15, DK8270 Hojbjerg

Bank name: Sydbank

IBAN number: DK8770450001080520

BIC-code/SWIFT address: SYBKDK22

## Entry permits (visas)

You can read the list of countries where a visa is required for visits to Denmark by using the link below:

<https://www.nyidanmark.dk/en-GB/Words-and-concepts/US/Visum/Countries-with-a-visa-requirement-and-visa-free-countries/>

Additional information can be found at:

<https://www.nyidanmark.dk/en-GB/You-want-to-apply/Short-stay-visa.>

If an official invitation letter from the JWOC Organisers is needed, please make an official request to:

[info@jwoc2019.dk](mailto:info@jwoc2019.dk).

## Media

We welcome all media representatives to JWOC 2019.

Information can be obtained by writing to: [info@jwoc2019.dk](mailto:info@jwoc2019.dk)

or by contacting:

Event Director Dorthe Hansen, tel. +45 3066 4285

In all arenas, work stations (tables and chairs) and internet connection as well as photo zones in the finish area will be provided. In addition there will be designated areas where the media can interview medal-winners.

The entry form for media representatives will be available on [www.jwoc2019.dk](http://www.jwoc2019.dk).

Accreditation deadline date is 7 May 2019.

Accommodation should be booked by media representatives themselves.

For accommodation information, go to [www.visitsilkeborg.dk](http://www.visitsilkeborg.dk).

## Registration of extra representatives

If a national federation wishes to register representatives in addition to the allowed maximum, contact should be made to Event Director Dorthe Hansen:

Mail: [dh@jwoc2019.dk](mailto:dh@jwoc2019.dk)

Tel. + 45 3066 4285

## Contact Information

Website: [www.jwoc2019.dk](http://www.jwoc2019.dk)

Email: [info@jwoc2019.dk](mailto:info@jwoc2019.dk)

Event Director Dorthe Hansen tel. +45 3066 4285

## Bulletin 4

Bulletin 4 will be published on Wednesday 3 July and will be issued as a paper version to athletes and team leaders at Accreditation.

## Hosting Partners & Sponsors

[www.visitSilkeborg.dk](http://www.visitSilkeborg.dk)

[www.visitAarhus.com](http://www.visitAarhus.com)



# JWOC 2019 Tour and JWOC

Programme for JWOC Tour and JWOC

	<b>JWOC Tour</b>	<b>JWOC</b>
<b>Sat. 6 July</b>	Sprint prologue, immediately after Opening Ceremony Silkeborg town centre	Opening Ceremony in Silkeborg town centre 12.30 - 13.30
<b>Sun. 7 July</b>	Sprint, immediately after prize-giving Lyseng	Sprint 10.00 - 13.30 Lyseng Prize-giving Lyseng ca 13.45
<b>Mon. 8 July</b>	Long distance, immediately after prize-giving Velling - Snabegaard	Long distance 9.00 - 16.00 Velling - Snabegaard Prize-giving Velling - Snabegaard 16.15
<b>Tue. 9 July</b>	Activities day	Rest day
<b>Wed. 10 July</b>	Middle distance, immediately after JWOC race finishes Gjern bakker	Middle distance Qualification 10.00 - 13.30 Gjern Bakker
<b>Thu. 11 July</b>	Shortened Long distance, immediately after prize-giving Gjern Bakker	Middle distance final 9.00 - 13.30 Gjern Bakker Prize-giving Gjern Bakker 13.45
<b>Fri. 12 July</b>	Middle distance, immediately after prize-giving Thorsø Bakker	Relay 10.00 - 13.00 Thorsø Bakker Prize-giving 13.30 Closing Ceremony 14.00/14.30